



THANET GROUPS - OCTOBER 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	1		2		3	Managing Depression Margate 11am		4	Creative Group Margate 11am
7	8		9		10	Managing Depression Margate 11am		11	Creative Group Margate 11am
Outdoor Group Ramsgate 11am									
14	15		16		17	Managing Depression Margate 11am		18	Creative Group Margate 11am
Outdoor Group Ramsgate 11am									
21	22		23		23	Managing Depression Margate 11am		24	Creative Group Margate 11am
Outdoor Group Ramsgate 11am									
28	29		30		31	Managing Depression Margate 11am			
Outdoor Group Ramsgate 11am									

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211