



# THANET OUTDOORS GROUP

Our Thanet Outdoors Group is designed to encourage social interaction and provide a positive distraction from the challenges of daily life. We meet in a park to enjoy the benefits of being in nature, offering a relaxed and informal environment where participants can connect with others. The aim of the group is to create a space where members can enjoy each other's company, share light-hearted conversations, and experience the rejuvenating effects of nature together.

The group runs on Mondays at 11am

For any further information, please feel free to get in contact using the details here or use the contact form on our website.

A place of positivity

Welcoming all aged 16+

Regular attendance welcome

FREE to attend

