



THANET GROUPS - JANUARY 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2		3	
						Managing Depression Margate 11am		Creative Group Margate 11am	
6		7		8		9		10	
Cooking on a Budget Margate 11:30am						Managing Depression Margate 11am		Creative Group Margate 11am	
13		14		15		16		17	
						Managing Depression Margate 11am		Creative Group Margate 11am	
20		21		22		23		24	
						Managing Depression Margate 11am		Creative Group Margate 11am	
27		28		29		30		31	
						Managing Depression Margate 11am		Creative Group Margate 11am	

Please contact us if you would like to join a group
www.takeoffworks.org - referrals@takeoffworks.org - 01227 788 211