



ONLINE PSCOG

Join our Peer Support Crisis Group- here to support you on a Sunday evening through games, activities and offering a space to talk too. This is a group welcoming people at risk of going into crisis or experiencing suicidal ideation. The group aims to provide distraction and peer support for people attending.

No referral is needed for this group so contact us if you would like to attend. You're welcome to attend as a one-off or regularly.

The group runs Fortnightly on Sundays at 4pm

For any further information, please feel free to get in contact using the details here or use the contact form on our website www.takeoffworks.org

A place of positivity

Get support, advice and have fun

For ages 16+

FREE to attend

