



# THANET GROUPS - MARCH 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
Cooking on a Budget Margate 11:30am						Managing Depression Margate 11am		Creative Group Margate 11am	
10		11		12		13		14	
						Managing Depression Margate 11am		Creative Group Margate 11am	
17		18		19		20		21	
						Managing Depression Margate 11am		Creative Group Margate 11am	
24		25		26		27		28	
						Managing Depression Margate 11am		Creative Group Margate 11am	
31									

Please contact us if you would like to join a group  
[www.takeoffworks.org](http://www.takeoffworks.org) - [referrals@takeoffworks.org](mailto:referrals@takeoffworks.org) - 01227 788 211